

January	February	March
<b>Overview of Wound Care Treatment</b>  <b>January 24, 2019</b> 3:00 pm EST	<b>Caring for your Ostomy Patient</b>  <b>February 28, 2019</b> 3:00 pm EST	<b>Essentials of Diabetes Care</b>  <b>March 28, 2019</b> 3:00 pm EST
April	May	June
<b>Understanding Overactive Bladder: Symptom Management and Treatment</b>  <b>April 18, 2019</b> 3:00 pm EST	<b>Medical Standards of Care</b> <b>May 2, 2019</b> 3:00 pm EST	<b>Managing Gestational Diabetes Mellitus</b>  <b>June 20, 2019</b> 3:00 pm EST
	<b>Measuring Tools for Patient Satisfaction</b> <b>May 23, 2019</b> 3:00 pm EST	
July	August	Sept
<b>Incontinence Management Options: Adult Absorbent Products</b>  <b>July 18, 2019</b> 3:00 pm EST	<b>Value Based Payment Models</b>  <b>August 22, 2019</b> 3:00 pm EST	<b>Falls Prevention: A Review</b>  <b>September 26, 2019</b> 3:00 pm EST
October	November	December
<b>Insulin Pump Therapy</b>  <b>October 24, 2019</b> 3:00 pm EST	<b>Managing the Patient with Urinary Catheter</b>  <b>November 14, 2019</b> 3:00 pm EST	<b>CGM: State of the Art in Diabetes Care</b>  <b>December 12, 2019</b> 3:00 pm EST



### About Byram Healthcare

Byram Healthcare is a national leader in home medical supply delivery. We provide convenience, affordability and choice to make a positive difference in the lives of the people we serve. For over 50 years, Byram has provided quality products, services and support, specializing in diabetes, ostomy, wound care, urology, breast pumps, incontinence and enteral nutrition.

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Fast, home delivery, with most orders shipped within 2-3 days. Our Caring Touch At Home™ Programs offer clinical & educational support at your fingertips. Our Centers of Excellence provide an efficient order process, including options for phone, web, email and text.

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We make it simple to maximize your insurance benefit, across Medicare, Medicaid and most private insurance plans. More in-network coverage through Byram means less out of pocket expense for medical supplies.

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Vast product selection helps ensure you get the products you need, as prescribed.



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Byram Healthcare provides clinical education programs to support your ongoing credentialing needs. Our educational courses consist of 1-hour of continuing education credit. When applicable, clinicians can receive certificates for more than one profession or credit in more than one state. Programs are geared towards nurses, case managers, social workers, certified diabetes educators and registered dietitians.



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■ Wound Care ■ Diabetes ■ Urology ■ Ostomy ■ Incontinence ■ Enteral Nutrition ■ Breast Pumps

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## DIABETES

### Essentials of Diabetes Care

Nearly 26 million people, or about 8.3% of the United States population, have diabetes. More than 2 million people over 20 years of age were diagnosed with diabetes in 2010. This diabetes primer examines type-2 diabetes, its etiology as well as the basics of diabetes care, including treatment goals and management strategies. While there are a number of treatment strategies that should be tailored for each individual, this course provides an overview of the primary treatment strategies that can be used to manage type-2 diabetes.

### Insulin Pump Therapy

With the widespread growth of type 2-diabetes, insulin is now used by 4-5 million Americans. Insulin pumps represent the most effective mechanism for insulin delivery. This program covers the basics of how insulin pumps work, the pros and cons of pump therapy, patient selection and training criteria, as well as strategies for safe and effective implementation.

### Managing Gestational Diabetes Mellitus

This course examines the etiology of gestational diabetes and its inherent risk factors, as well as therapy goals for the mother with an eye towards the health of the fetus. Treatment strategies, including lifestyle changes, are discussed for preventing type 2 diabetes later on in the mother, as are risks the disease presents for the baby.

### Managing Treatment Adherence Issues in Diabetes

Patient adherence to recommended diabetes treatments can improve clinical and quality of life outcomes. This course will give the clinician a practical view of some of the common barriers to treatment adherence that patients with diabetes face. The course will review guidelines and strategies to improve patient adherence, ranging from self-management and motivation, to the provider-patient relationship, to enabling the patient to utilize community resources and support.

### Type 1 Diabetes: A Review of Current Management Strategies

Type 1 diabetes is due to a deficiency in the hormone insulin. In affected individuals, the tendency for the immune system to “attack” insulin-producing cells is present from birth. This course reviews the etiology of type 1 diabetes, as well as management of the disease treatment goals and management strategies. Participants will learn to define the three primary factors that influence blood glucose levels and the general methods for administering both basal and bolus insulin injections.

### Type 2 Diabetes: Current Management Strategies

Type 2 diabetes is the most common form of diabetes in the United States, and has been linked to unhealthy lifestyles and family histories. This course discussed risk factors, diagnostic criteria, and treatment goals for type 2 diabetes. Also examined are treatment options and lifestyle changes that can significantly affect outcomes for the type 2 diabetes patient.

### Continuous Glucose Monitors: State of the Art in Diabetes Care

Continuous glucose monitors can give the educated patient an extra measure of control in managing their diabetes. This course discusses the use of continuous glucose monitors and the patient education necessary for their safe and proper use, as well as how they can provide more precision in blood glucose control.



## HOME HEALTH

### Medical Standards of Care

The Medical Standard of Care, or best practice, is frequently used in healthcare to evaluate and provide appropriate care for patients. This course examines the development of standards of care, their use as benchmarks in healthcare performance, as well as their legal and ethical impacts. Also discussed will be the specific standards of care for various conditions and customer (patient) expectations.

### Measurement tools for Patient Satisfaction

This course will examine what patient satisfaction and patient experience is in the context of home health care. These two are quite different and you will learn why Medicare is focused on patient satisfaction rankings. You will be introduced to two potential uses for patient satisfaction data and two different patient satisfaction measurement tools.

### Falls Prevention: A Review

Falls in the geriatric population are common, and are related to several assessment indices. This course examines the causes of falls, with an eye towards prevention. Risk factors, patient, home and work environment assessments, and the role of the nurse, therapist and social worker in the evaluation, prevention and treatment of falls are discussed.

## INCONTINENCE

### Incontinence Management Options: Adult Absorbent Products

This course reviews the many options for adult absorbent products. The pros and cons of selected product categories are examined along with considerations in making choices appropriate for individual patients. A brief description of when and how to use the various products is also provided.

**Not able to make it? No worries!** Register for the webinar and we will send you the recording and test link once it concludes, or simply log on to our online portal and earn your free CEU(s) on your own time! Please note, you may access this month’s recording and test link for up to three months after the date of the live webinar.

## MANAGED CARE

### Value-Based Payment Models

This course is designed and accredited for nurses, case managers, social workers, and dietitians and examines alternative payment models. Why they have come to exist, what they are in their various current iterations, and how they impact reimbursement for the provider.



## OSTOMY

### Caring for your Ostomy Patient

Preoperative care and patient education are important features in supporting the stoma patient. This course reviews the basic principles of ostomy care for both fecal and urinary diversions. Discussed are the characteristics of the predominant stoma types and the pouching options available for them, as well as particular patient assessment findings which determine when the use of certain ostomy accessories are beneficial. Also reviewed are the various factors that commonly cause problems for ostomy patients, and how to identify and mitigate them.



## UROLOGY

### Prevention and Management of Catheter- Associated Urinary Tract Infections (CAUTI)

Catheter-associated urinary tract infections (CAUTI) are common in patients with indwelling urinary catheters. This course examines the causes of CAUTIs as well as how to care for, manage, and prevent them in patients who are at risk for, or suffer from, catheter-associated urinary tract infections. Also discussed are patient education strategies for use by the patient and their caregivers/families.

### Understanding Overactive Bladder: Symptom Management and Treatment

This course examines the causes of overactive bladder (OAB), as well as methods to diagnose and treat the condition. Getting patients to open up about this condition is often difficult, so this program addresses various methods of reaching out to these patients, complications associated with OAB, pharmaceutical and therapy-related treatment modalities available, and appropriate absorbent product selection.

### Managing the Patient with a Urinary Catheter

This course examines management principles for patients with indwelling catheters. Discussed will be the types of urinary catheters frequently seen in home care and their rationale for use, as well as considerations for short- versus long-term catheterization and indications for each. Also examined will be principles of catheter management including perineal hygiene, specimen collection, drainage bag care, bag change frequency, catheter removal and post-removal catheter site care. Catheter complications will be highlighted including CAUTI, obstructions, bypass leakage, catheter-related bladder discomfort (CRBD) and skin breakdown, and implications for the patient’s quality of life. Rounding out this course will be information on patient/caregiver education to support the successful management of the patient with a catheter.

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## WOUND

### Nutrition in Wound Healing

Successful wound healing is dependent on many factors including the patient’s nutritional status. This course will discuss the relationship between nutrition and wound healing, as well as options for nutrition intervention, including special considerations for patients with diabetes. Among the nutrition interventions examined are dietary counseling, nutrient supplementation and when to use specialized nutrition support.

### Overview of Wound Care Treatment

Wounds are classified in several ways according to their incidence, cause, stage and others. Several factors are associated with impaired wound healing including ongoing disease and malnutrition. This course defines chronic wounds, and discusses the healing process, related treatment options, and guidelines for appropriate care.

### Diabetic Foot: Assessment and Prevention

This course will review the critical features of a diabetic foot comprehensive assessment, which is necessary to prevent complications such as foot ulcers and limb loss. Discussed will be the three types of neuropathy that contribute to the development of complications, and how offloading options for the diabetic foot can prevent ulceration and facilitate limb salvage. Also detailed are the wound characteristics of a diabetic foot ulcer and various treatment modalities. Important foot care tips to share with all patients are also discussed.

