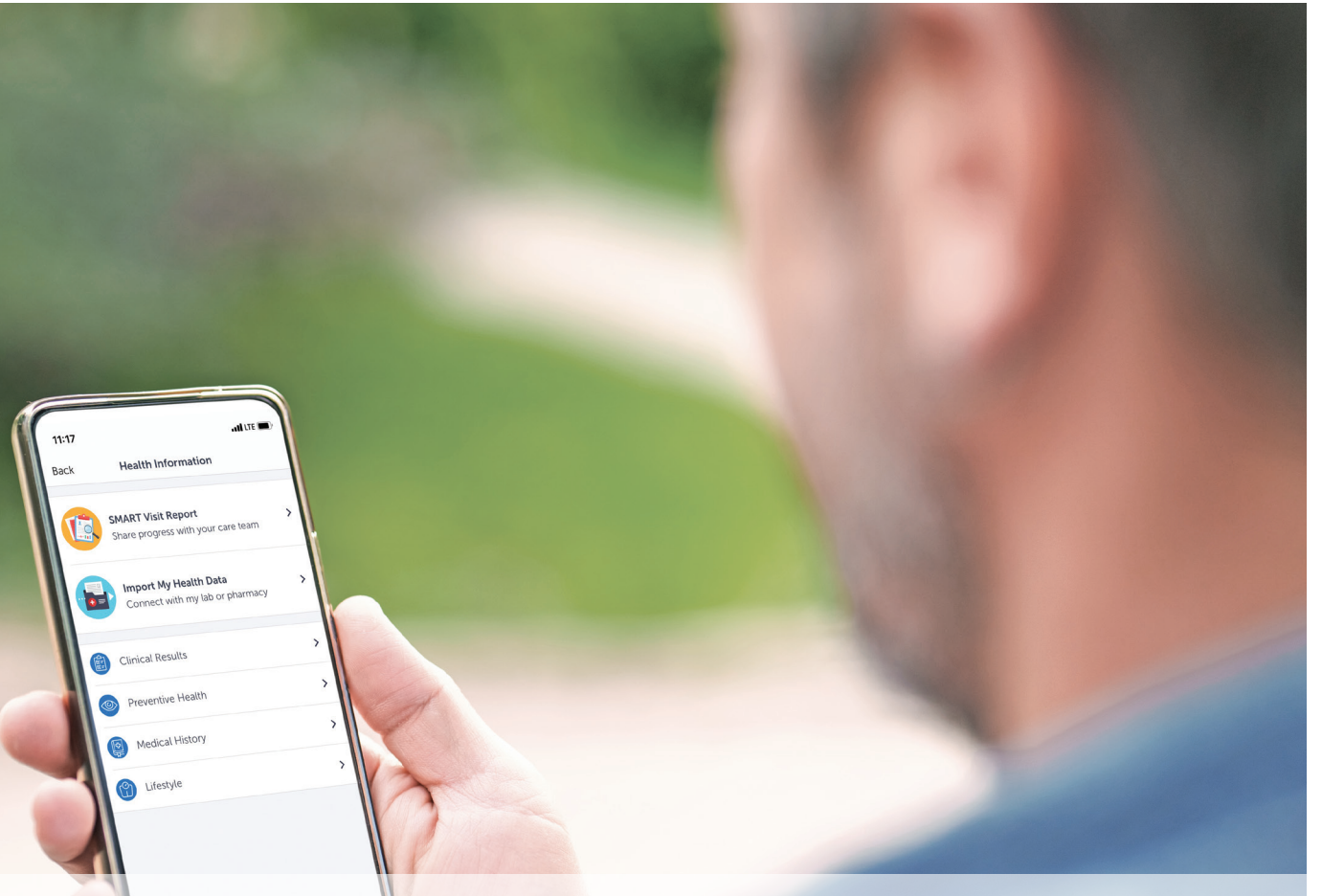


Convenience ■ Affordability ■ Choice™



**ByramConnect™ Powered by the Welldoc App —
Your Digital Diabetes Coach**
An Exclusive Benefit for all Byram Customers





A woman with long blonde hair in a ponytail, wearing a green sweater and a large yellow backpack, is seen from behind. She is holding a smartphone and looking at the screen. The background shows a vast mountain landscape with rolling hills, a valley, and a lake in the distance under a cloudy sky. The woman is standing on a dirt path with dry grass.

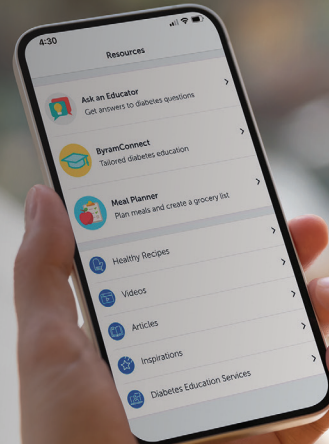
 Introducing ByramConnect™ Powered by the Welldoc App

ByramConnect™ Powered by the Welldoc App is Designed to Help Patients Better Self-Manage Their Diabetes.

Now An Exclusive Benefit For All Byram Customers!

ByramConnect — Powered by the Welldoc® App — an FDA-cleared* class II Software as a Medical Device (SaMD) — captures and connects a patient's important health data to provide personalized, real-time digital coaching powered by artificial intelligence. The app, powered by Welldoc, helps patients manage their total health. Patients can better track and understand how multiple factors; blood glucose, food, medications, weight, activity, blood pressure, blood results, and sleep — all impact their diabetes through real-time feedback and insights that help lower A1c, an important indicator of diabetes patients' blood sugar levels.

Personalized based on user data, goals and conditions



Types 1 & 2 Diabetes

ByramConnect powered by the Welldoc App, is an FDA Cleared Class II software as a Medical Device (SaMD) mobile app

The apps capabilities for type 1 and type 2 diabetes*, providing a unique opportunity to give more clinically-precise feedback to individuals and Providers with diabetes.



Weight Management

ByramConnect powered by the Welldoc App can help members reach a healthier weight and maintain it over time.

- Build and sustain better habits and a healthier lifestyle.
- Receive data and insights to optimize success for those taking obesity medications including GLP-1s.



Hypertension

For those with diabetes and hypertension, there is a focus on diabetes with embedded hypertension support.



Healthy Heart

This includes in-app content based on American Heart Association guidelines, DASH diet with low sodium food choices, blood pressure tracking, and more.

- Tracking and analysis of key heart failure symptoms.
- Digital coaching regarding lower sodium food choices and managing fluid intake.
- Real-time coaching for blood pressure, weight, and heart rate entries.



Integrated Mental Wellbeing

We help users change their thinking patterns so that it's easier to cope with life's challenges.



Pre-diabetes

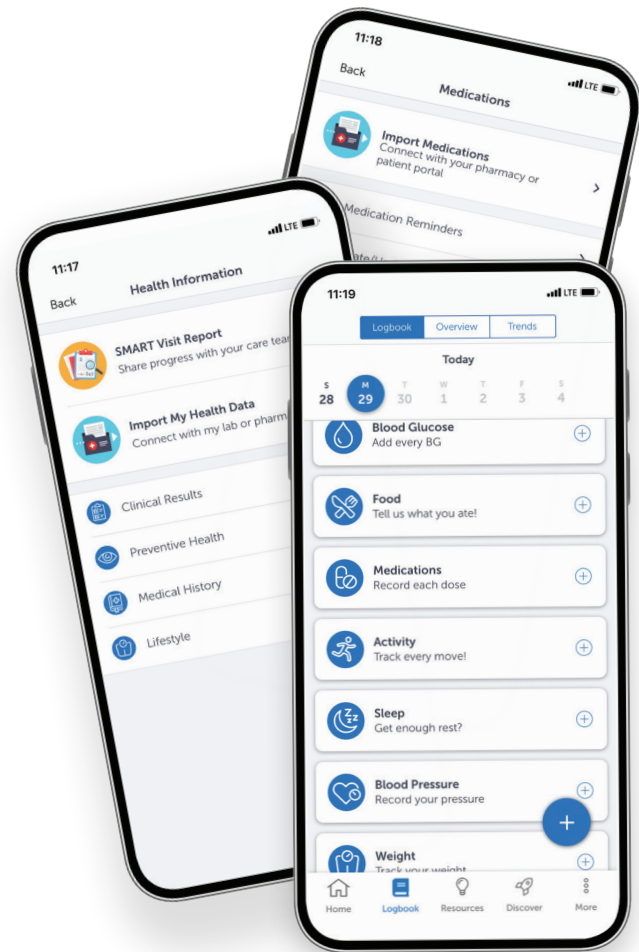
Our prediabetes program is based on Center for Disease Control and Prevention (CDC) standards to reduce risk of type 2 diabetes.

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The App Can Help Patients Better Self-Manage Their Diabetes

ByramConnect powered by the Welldoc App, an FDA-cleared class II Software as a Medical Device (SaMD), captures and connects a patient's important health data to provide personalized real-time coaching, powered by AI. The app, powered by Welldoc, helps patients manage their total health. Patients can better track and understand how multiple factors; blood glucose, food, medications, weight, activity, blood pressure, blood results, and sleep all impact their diabetes through **real-time feedback and insights that can help lower A1C**, an important indicator of diabetes patients' blood sugar levels.

The app offers actionable coaching, insights, and capabilities to help patients better manage their diabetes. The app generates reports, which allows patients to easily share their progress with their doctor and care team, to help determine appropriate interventions and support treatment decisions.



Total Care

An AI-powered digital coaching app, to encourage the self-management of chronic conditions, positive lifestyle changes, and better total health



Connected Care

Data-driven insights to support care team interventions, decision making, and population level health cost outcomes



Evidence-Based Care

Guidance and insights based on clinical standards, with FDA-cleared capabilities for type 1 and type 2 diabetes*



Care Anywhere

Scalable solution to securely connect health data from 400+ devices and data solutions

How the App Works

Connection to devices is easy.

The App syncs with many of the smart devices a patient may use to manage their health, including fitness activity trackers. Syncing with a fitness tracker will allow a patient to better understand the impact of exercise on their diabetes.



*The welcome email will be received within the first 2-4 weeks of becoming a Byram customer.

Sync Devices & Stay Connected

Connecting to devices is easy.

Device agnostic approach connects vital health data across 400+ devices and data sources.



**240+ Fitness Devices
and Trackers**

Connected via Cloud

6+ Weight Scales

Connected via Bluetooth

9+ BP Monitors

Connected via Bluetooth

15+ BG Meters

Connected via Bluetooth

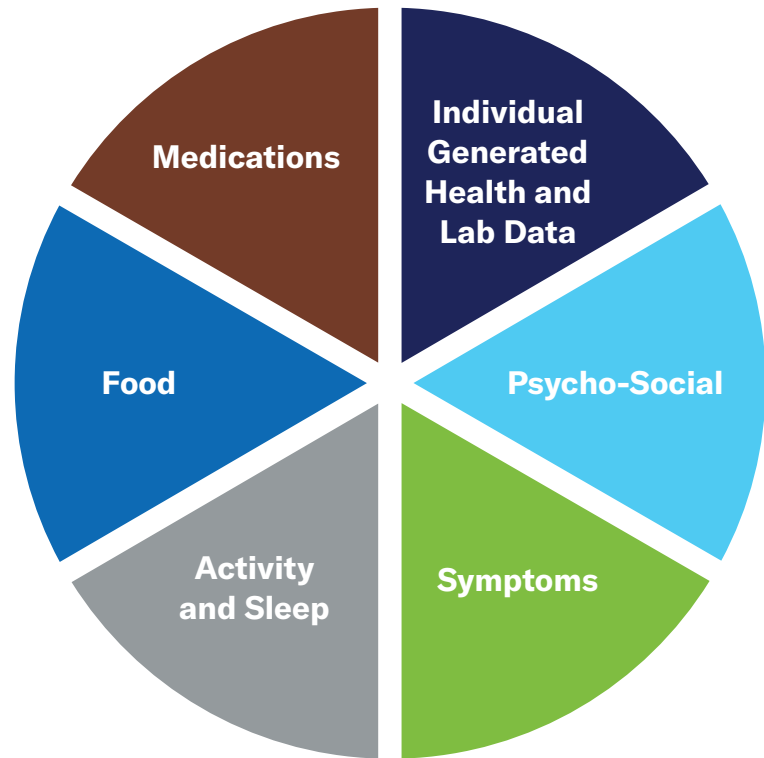
**Continuous Glucose
Monitoring**

**Clinical and
Medical Data**

**ByramConnect™ — Powered by the Welldoc App
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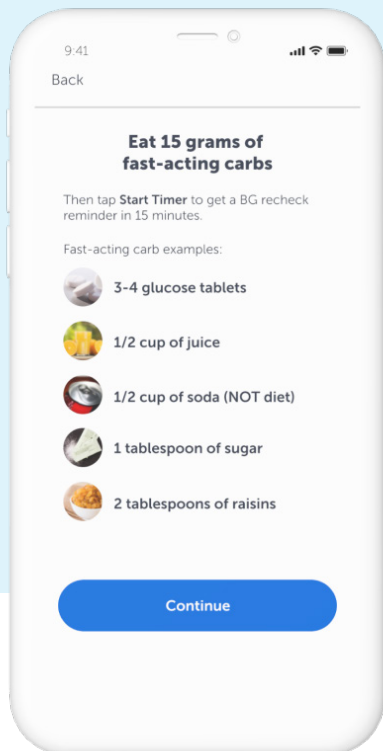
Six Dimensions of Health

The **Advanced AI-Engine** connects and correlates patient health data with the six dimensions of health to deliver personalized guidance and coaching messages.

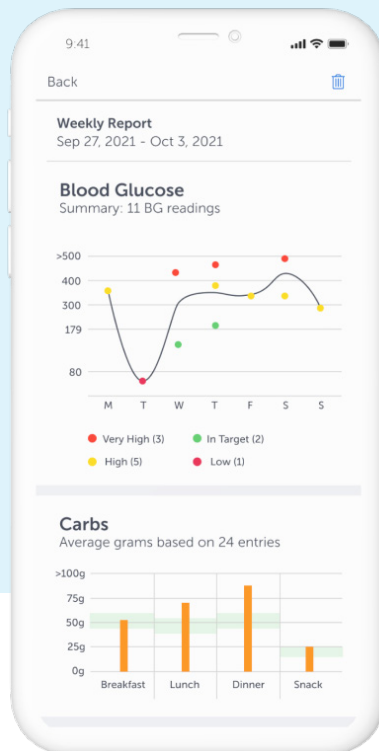


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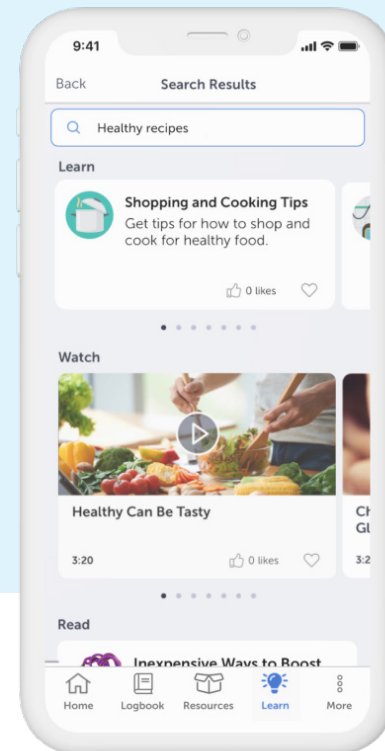
Ongoing Support



Pattern Recognition



Education

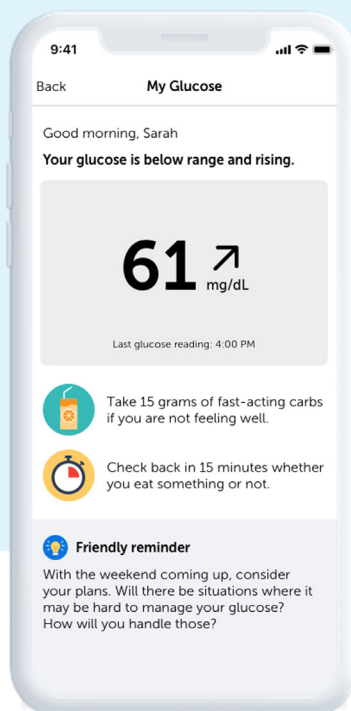


Real-time CGM Coaching and Insights



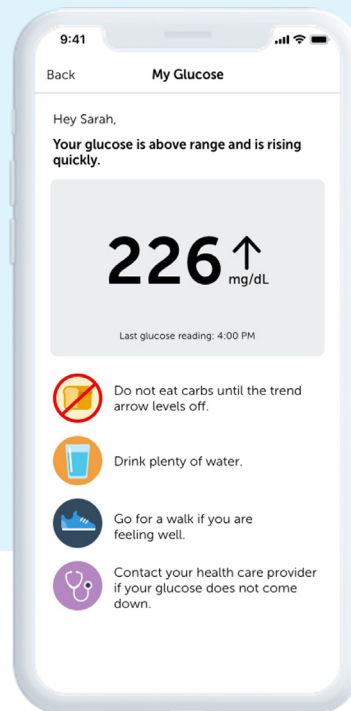
Take Action

Messages coach the user that they need to do something right away to stay in range or get back in range.



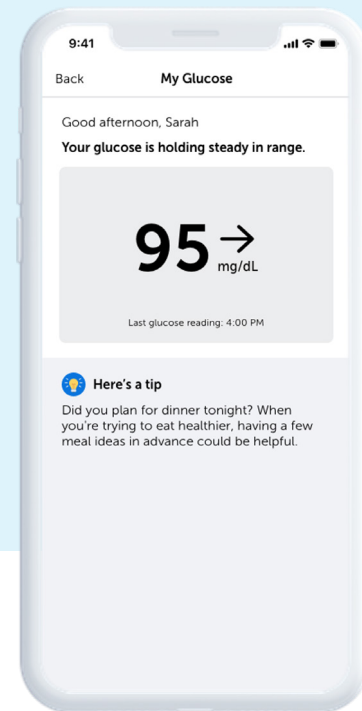
Alert

Messages let the user know action may be required soon and recommending them to monitor glucose carefully.



Advice

Messages are informational, and no action is needed by the user.



1.9%

A1C Improvement
Average A1C reduction in individuals living with type 2 diabetes.¹

6%
Average

Weight Loss
At 6-months, 68% of individuals who paired with weight scales/data lost an average of 6% of their weight.²

7.2-12
mmHg

Blood Pressure Reduction
Welldoc examined the potential impact of hypertension showing a drop in blood pressure in the first three months of use.³



1 Quinn, C.C. Shardell, M.D. Terrin, M.L. Barr, E.A. Ballew, S.H. Gruber-Baldini, A.L. Cluster-randomized trial of a mobile phone personalized behavioral intervention for blood glucose control. Diabetes Care. 2011 Sep;34(9):1934-42. Erratum in: Diabetes Care. 2013 Nov;36(11):3850.

2 Welldoc Data on File. Subset of multiple Welldoc programs (n = 106 who paired with weight scales/data). 68% of 106 experienced an average of 6% weight loss over a duration of 6 months. Results may vary based on Welldoc App adherence.

3 Kumbara A, Iyer A, Shomali M. Blood pressure improvement in people using a digital health solution for comprehensive diabetes self-management. Poster presented at: 16th Annual Cardiometabolic Health Congress; October 14-17, 2021; National Harbor, MD.

* Results may vary based on Welldoc App adherence.



11

510 (k) FDA-Clearances in T1 and T2 Diabetes*

400+

Connected devices and data sources

85+

Clinical publications

45

Patents

Industry-Leading AI



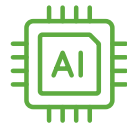
Connects to multiple devices and sources



Analyzes data across multiple dimensions of health



Translates for multiple chronic conditions and co-morbidities



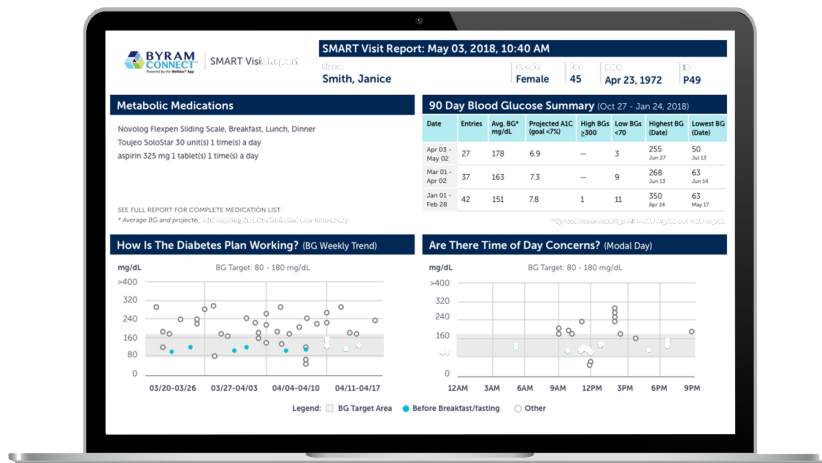
Delivers meaningful and actionable insights. Powered by Welldoc's IDEA Framework, the app is built to inform, discover, extrapolate, and adapt

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Health Report

The **Health Report** is an Electronic Medical Record (EMR) generated by the Welldoc app, which patients can choose to share if they wish. It offers a comprehensive overview of the patient's health status. The report compiles a summary of the data collected over the past 30 days, helping patients prepare for their next visit by addressing any concerns related to their health management. There are three versions of the report available, in addition to a 7-Day Food Record. Patients can send these reports to their healthcare provider upon request or ahead of their upcoming visit.

To share the report, the patient must enter the recipients fax number and/or the email address. Patients can also send it to themselves so they have a copy. The healthcare professional should communicate to their patients which report(s) should be sent, as well as the timing for sending the reports.



Health Report

The report contains a summary of the data you've collected over the past 30 days

Connecting Care Teams With Their Patients

Patients can share progress by easily sending a **Health Report** which provides insights for care teams between office visits.

App Provides:

- Blood Glucose
- Medication
- Blood Pressure
- Nutrition/Food Diary
- Activity
- Weight
- Bolus Insulin
- Sleep

Weight & Obesity Management Program



Digital Coaching: Personalized, AI-driven digital coaching provides real-time feedback and actionable coaching based on data and trends



Connected Care: Connect to a member's devices and data sources, such as Bluetooth® weight scales, to capture and link vital health info centrally within the app



Diet and Nutrition Support: Promote healthy eating habits specific to a member's condition with relevant nutrition tracking, insights, and guidance



Goal Setting: Set weight management, activity, nutrition, and other lifestyle goals



Education: Gain access to a clinically-based library that meets members where they are in their weight journey with AI-driven educational recommendations



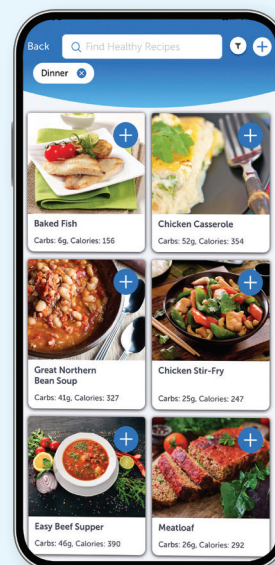
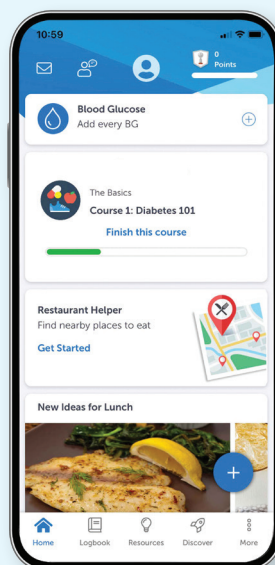
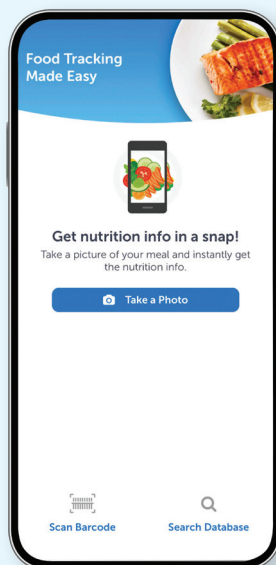
Behavior Change: Activate micro-challenges to motivate continued engagement and sustained behavior change



Reporting and Insights: View health reports with actionable insights based on the member's unique data, patterns, and trends



GLP-1 Medication Support: Acquire knowledge and understanding about GLP-1's with tools to set reminders, track adherence, manage medication and side-effects



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Gary S. – Customer Testimonial

“ByramConnect powered by the Welldoc App provides excellent free resources for people living with T2D: recipes (with carb counts!), a restaurant locator, data logging, medication reminders, and lab/exam records. It syncs with a multitude of devices and generates robust reports. The educational tools are clear and concise. Byram Healthcare is truly working to meet the needs of the diabetes community.”

Rob L. – Customer Testimonial

“The app enables me to take control of my diabetes. I receive an alarm on my smart phone every morning to remind me to take my medications. My pharmacy and blood work are downloaded into the app which drives the AI engine. When I find the most useful is when traveling, it has a restaurant finder driven by GPS. You input range where you would like to see restaurants. When I choose a restaurant, it provides me with what menu items I should order based on my personal history. Lifesaver in keeping my sugar under control. I then provide my Endocrinologist every three months with a smart visit report to view which provides my history. The more my doctor knows enables him to provide me with a higher level of service. Thank you Byram for providing me the tools to better self-manage my diabetes.”

Paris B. – Customer Testimonial

“The app is so easy to use and provides me with so many resources and personalized coaching to help me manage my health. Coaching insights/notification keep me accountable to my health goals and are teaching me so much about how to improve my nutrition, exercise routines and overall lifestyle choices.”

The Welldoc® App includes Welldoc Diabetes, which is Software as a Medical Device (SaMD) intended to be used by healthcare providers (HCPs) and their patients – aged 18 years and older – who have type 1 or type 2 diabetes. Welldoc Diabetes is intended to assist patients in managing their diabetes with guidance from their providers. Welldoc Diabetes should not be used by patients with gestational diabetes or patients using an insulin pump. Improper use of Welldoc Diabetes may result in unsafe recommendations that could result in hyperglycemia or hypoglycemia.


Visit <http://learn.welldoc.com/byram> for full labeling information. The privacy and security of your personal information is very important to us. We protect it in accordance with the Health Insurance Portability and Accountability Act.

*Welldoc® Diabetes is an FDA-cleared medical device, intended for use by healthcare providers and their adult patients with type 1 or type 2 diabetes. For full labeling information, visit www.learn.welldoc.com/byram. The other Welldoc App products are non-FDA-cleared and intended to promote general wellness and education/self-management of various chronic disease states.

Imagery of the Welldoc App displayed is subject to change as the app is updated.



Part of the Owens & Minor Family, Where *Life Takes Care*™

byramhealthcare.com   

Diabetes | Wound Care | Urology
Ostomy | NPWT | Incontinence | Breast Pumps

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